

# Pharmacy Program Updates: Quarterly Pharmacy Changes Effective July 1, 2019

#### **DRUG LIST CHANGES**

Based on the availability of new prescription medications and Prime's National Pharmacy and Therapeutics Committee's review of changes in the pharmaceuticals market, some additions, revisions (drugs still covered but moved to a higher out-of-pocket payment level) and/or exclusions (drugs no longer covered) will be made to the Blue Cross and Blue Shield of Texas (BCBSTX) drug lists. Your patient(s) may ask you about therapeutic or lower cost alternatives if their medication is affected by one of these changes. Changes effective July 1, 2019, are outlined below.

# Drug List Updates (Coverage Additions) - As of July 1, 2019

Preferred Drug <sup>1</sup>	Drug Class/Condition Used For			
Basic, Basic Annual, Multi-Tier Basic, Multi-Tier Basic Annual, Enhanced, Enhanced Annual,				
Multi-Tier Enhanced and Multi-Tier Enhanced Annual				
AIMOVIG (erenumab-aooe subcutaneous soln	Migraine			
auto-injector 140 mg/mL)				
NIVESTYM (filgrastim-aafi inj 300 mcg/ml, 480	Neutropenia			
mcg/1.6 ml (300 mcg/ml))				
REVCOVI (elapegademase-lvlr im soln 2.4	ADA Deficiency			
mg/1.5ml (1.6 mg/ml))				
TRESIBA (insulin degludec inj 100 unit/ml)	Diabetes			
UDENYCA (pegfilgrastim-cbqv soln prefilled	Neutropenia			
syringe 6 mg/0.6 ml)				
VENCLEXTA (venetoclax tab 10 mg, 50 mg, 100	Cancer			
mg)				
VENCLEXTA STARTING PACK (venetoclax tab	Cancer			
therapy starter pack 10 & 50 & 100 mg)				
	and Multi-Tier Basic Annual Drug Lists			
PROGRAF (tacrolimus packet for susp 0.2 mg, 1	Transplant Rejection Prophylaxis			
mg)				
	, Performance Select and Performance Select			
	Prug Lists			
ACTEMRA ACTPEN (tocilizumab subcutaneous	Rheumatoid Arthritis			
soln auto-injector 162 mg/0.9 ml)	Mala 2a			
ARAKODA (tafenoquine succinate tab 100 mg	Malaria			
(base equivalent))	Liferitaria			
ARIKAYCE (amikacin sulfate liposome inhal susp	Infections			
590 mg/8.4 ml (base eq))	Oniate Ageniet Dependence			
buprenorphine hcl-naloxone hcl sl film 2-0.5 mg,	Opiate Agonist Dependence			
4-1 mg, 8-2 mg, 12-3 mg (base equiv)	Transplant Dejection Prophylogia			
CELLCEPT (mycophenolate mofetil for oral susp	Transplant Rejection Prophylaxis			
200 mg/ml)	Llyporporathyroidiam: Llyporpolasmia			
cinacalcet hcl tab 30 mg, 60 mg, 90 mg (base	Hyperparathyroidism; Hypercalcemia			
equiv)	Pain			
CODEINE SULFATE (codeine sulfate tab 15 mg,	rain			
60 mg)				

Balanced, Performance, Performance Annual, Performance Select and Performance Select Annual Drug List - (cont.)

DAURISMO (glasdegib maleate tab 25 mg, 100	Cancer
	Cance
mg (base equivalent))	Mananayaa Cymatama
DIVIGEL (estradiol td gel 0.75 mg/0.75 gm	Menopause Symptoms
(0.1%))	
EMGALITY (galcanezumab-gnlm subcutaneous	Migraines
soln prefilled syr 120 mg/ml)	
KRINTAFEL (tafenoquine succinate tab 150 mg	Malaria
(base equivalent))	
LORBRENA (lorlatinib tab 25 mg, 100 mg)	Cancer
mesalamine suppos 1000 mg	Ulcerative Colitis, Crohn's Disease
MITIGARE (colchicine cap 0.6 mg)	Gout
NIVESTYM (filgrastim-aafi inj 300 mcg/ml, 480	Neutropenia
mcg/1.6 ml (300 mcg/ml))	
NUZYRA (omadacycline tosylate tab 150 mg	Infections
	HILOGUOTIS
(base equivalent))  OVERVATE (congarmin bl/bi aphth calp 0.0039/	Keratitis
OXERVATE (cenegermin-bkbj ophth soln 0.002%	Relatitis
(20 mcg/ml))	Astrodic Associa Theory
PROMACTA (eltrombopag olamine powder pack	Aplastic Anemia; Thrombocytopenia
for susp 12.5 mg (base eq))	
ranolazine tab er 12hr 500 mg, 12hr 1000 mg	Angina
RAPAMUNE (sirolimus tab 0.5 mg, 1 mg, 2 mg)	Transplant Rejection Prophylaxis
REVCOVI (elapegademase-lvlr im soln 2.4 mg/1.5	ADA Deficiency
ml (1.6 mg/ml))	,
sevelamer hcl tab 800 mg	Hyperphosphatemia
SEVELAMER HYDROCHLORIDE (sevelamer hcl	Hyperphosphatemia
tab 400 mg)	,
sirolimus oral soln 1 mg/ml	Organ Transplant Rejection Prophylaxis
TEGSEDI (inotersen sod subcutaneous pref syr	Polyneuropathy
	r orymeuropaury
284 mg/1.5 ml (base eq))	Infections
tetracycline hcl cap 250 mg, 500 mg	Infections
TIROSINT (levothyroxine sodium cap 175 mcg,	Hypothyroidism
200 mcg)	
TIROSINT-SOL (levothyroxine sodium oral	Hypothyroidism
solution 13 mcg/ml, 25 mcg/ml, 50 mcg/ml, 75	
mcg/ml, 88 mcg/ml, 100 mcg/ml, 112 mcg/ml, 125	
mcg/ml, 137 mcg/ml, 150 mcg/ml, 175 mcg/ml,	
200 mcg/ml)	
toremifene citrate tab 60 mg (base equivalent)	Cancer
TRESIBA (insulin degludec inj 100 unit/ml)	Diabetes
UDENYCA (pegfilgrastim-cbqv soln prefilled	Neutropenia
syringe 6 mg/0.6ml)	1.000.0poina
vigabatrin tab 500 mg	Partial Seizures
VITRAKVI (larotrectinib sulfate cap 25 mg, 100	Cancer
mg (base equivalent))	0
VITRAKVI (larotrectinib sulfate oral soln 20 mg/ml	Cancer
(base equivalent))	
XOSPATA (gilteritinib fumarate tablet 40 mg	Cancer
(base equivalent))	
Balanced, Performance Select and Pe	erformance Select Annual Drug Lists
clindamycin phosphate-benzoyl peroxide gel 1.2-	Acne
2.5%	
minocycline hcl tab er 24hr 55 mg, 24hr 80 mg,	Infections; Acne
24hr 105 mg	
XEPI (ozenoxacin cream 1%)	Impetigo
AEFT (UZEHUXAUH GREAH 1%)	Impetigo

Performance, Performance Annual, Performance Select and Performance Select Annual Drug Lists			
olopatadine hcl ophth soln 0.1% (base equivalent) Allergic conjunctivitis			
otopataanio noi opinii ooni ori jo (odoo oquivatori)	y money and a second se		
Balanced	Drug List		
ABILIFY MYCITE (aripiprazole tab 2 mg, 5 mg, 10	Schizophrenia, Bipolar Disorder		
mg, 15 mg, 20 mg, 30 mg with sensor)			
acyclovir cream 5%	Topical Anti-Infective		
AEMCOLO (rifamycin sodium tab delayed release	Traveler's Diarrhea		
194 mg (base equiv))			
ALISKIREN (aliskiren fumarate tab 150 mg, 300	Hypertension		
mg (base equivalent))			
AZESCO (prenatal vit w/ fe gluconate-fa tab 13-1	Prenatal Vitamin		
mg)			
BRYHALI (halobetasol propionate lotion 0.01%)	Topical Inflammatory Conditions		
cyclobenzaprine hcl cap er 24hr 15 mg, 24hr 30	Muscle Spasm		
mg			
DEXCHLORPHENIRAMINE MALEA TE	Cough & Cold		
(dexchlorpheniramine maleate syrup 2 mg/5ml)			
DUPIXENT (dupilumab subcutaneous soln	Asthma; Atopic dermatits		
prefilled syringe 200 mg/1.14ml)			
FIRDAPSE (amifampridine phosphate tab 10 mg	Lambert-Eaton Syndrome		
(base equivalent))	<u> </u>		
levorphanol tartrate tab 2 mg	Pain		
LEXETTE (halobetasol propionate foam 0.05%)	Topical Inflammatory Conditions		
METHOTREXATE (methotrexate sodium tab 2.5	Rheumatoid Arthritis		
mg (antirheumatic))	D.C.		
naproxen sodium tab 220 mg	Pain		
SYMPAZAN (clobazam oral film 5 mg, 10 mg, 20	Seizures		
mg)	Laffe manufacture Qualification		
TAPERDEX 7-DAY (dexamethasone tab therapy	Inflammatory Conditions		
pack 1.5 mg (27))	Fungal Infactions		
TOLSURA (itraconazole cap 65 mg)	Fungal Infections		
TUXARIN ER (codeine phos-chlorpheniramine	Cough & Cold		
maleate tab er 12hr 54.3-8 mg)	Nutritional Cumplement		
TYLACTIN BUILD 20PE TYR (nutritional	Nutritional Supplement		
supplement pack)			

<sup>&</sup>lt;sup>1</sup> Third-party brand names are the property of their respective owner.

# **Drug List Updates (Coverage Tier Changes) – As of July 1, 2019**

Drug <sup>1</sup>	New Lower Tier	Drug Class/Condition Used For			
	Balanced, Performance, Performance Annual, Performance Select and Performance Select				
	Annual Drug Lists				
ADVAIR DISKUS (fluticasone-salmeterol aer powder ba 100-50 mcg/dose, 250-50 mcg/dose, 500-50 mcg/dose)	Non-Preferred Generic	Asthma			
cycloserine cap 250 mg	Non-Preferred Generic	Infections			
primaquine phosphate tab 26.3 mg (15 mg base)	Non-Preferred Generic	Malaria			

Balanced, Performance, Performance Annual, Performance Select and Performance Select			
Annual Drug Lists (cont.)			
VENCLEXTA (venetoclax tab 10 mg, 50 Preferred Brand Cancer			
mg, 100 mg) `			

VENCLEXTA STARTING PACK	Preferred Brand	Cancer
(venetoclax tab therapy starter pack 10 &		
50 & 100 mg)		
Balanced, Performance Sele	ect and Performance Sel	ect Annual Drug Lists
clindamycin phosphate-benzoyl peroxide	Non-Preferred Generic	Acne
gel 1.2-2.5%		
minocycline hcl tab er 24hr 55 mg	Non-Preferred Generic	Infections; Acne
pimecrolimus cream 1%	Non-Preferred Generic	Atopic Dermatitis
E	Balanced Drug List	·
levorphanol tartrate tab 2 mg	Non-Preferred Generic	Pain

<sup>&</sup>lt;sup>1</sup> Third-party brand names are the property of their respective owner.

Please note: The drug list changes listed below apply only to some members whose health plan's prescription drug list has moved to quarterly updates for the third or second quarters of 2019.

BCBSTX members on the Basic Annual, Multi-Tier Basic Annual, Enhanced Annual, Multi-Tier Enhanced Annual, Performance Annual or Performance Select Annual Drug Lists will not have the revisions and/or exclusions applied until on or after Jan. 1, 2020.

# Drug List Updates (Revisions/Exclusions) - As of July 1, 2019

Non-Preferred Brand <sup>1</sup>	Drug Class/ Condition Used	Preferred Generic Alternative(s) <sup>2</sup>	Preferred Brand Alternative(s) <sup>1,2</sup>
	For	Aiternative(s)	Aiternative(s)
Basic, Multi-Tie	r Basic, Enhanced and	d Multi-Tier Enhanced Dru	g List Revisions
ALBENZA (albendazole	Infections	Generic equivalent availal	ble. Members should talk
tab 200 mg)		to their doctor or pharmac	
		medication(s) available for	
ANDROGEL	Hormone	Generic equivalent availal	
(testosterone td gel	Replacement	to their doctor or pharmac	
20.25 mg/1.25 gm	Therapy	medication(s) available for	r their condition.
(1.62%))			
ANDROGEL	Hormone	Generic equivalent availal	
(testosterone td gel 40.5	Replacement	to their doctor or pharmac	
mg/2.5gm (1.62%))	Therapy	medication(s) available for	r their condition.
ANDROGEL PUMP	Hormone	Generic equivalent availal	
(testosterone td gel	Replacement	to their doctor or pharmac	
20.25 mg/act (1.62%))	Therapy	medication(s) available for	
CIALIS (tadalafil tab 2.5	Benign Prostatic	Generic equivalent availal	
mg, 5 mg)	Hyperplasia	to their doctor or pharmac	
		medication(s) available for	
CIALIS (tadalafil tab 10	Erectile Dysfunction	Generic equivalent availal	
mg, 20 mg)		to their doctor or pharmac	
		medication(s) available for	r their condition.

# Basic, Multi-Tier Basic, Enhanced and Multi-Tier Enhanced Drug List Revisions (cont.)

EPIPEN 2-PAK (epinephrine solution auto-injector 0.3 mg/0.3 mL (1:1000))	Anaphylaxis	Generic equivalent available. Members should talk to their doctor or pharmacist about other medication(s) available for their condition.
FINACEA (azelaic acid gel 15%)	Acne/Rosacea	Generic equivalent available. Members should talk to their doctor or pharmacist about other medication(s) available for their condition.

ZYTIGA (abiraterone acetate tab 250 mg)  COLCRYS (colchicine	to their de		equivalent available. Members should talk loctor or pharmacist about other on(s) available for their condition.  g List Revisions  Mitigare		
tab 0.6 mg)					
Drug <sup>1</sup>		Dru Class/Co Used	ndition For		ed Alternative(s) <sup>1,2</sup>
	Performa		ormance S	Select Drug Lists	
CIPROFLOXACIN ER (ciprofloxacin-ciprofloxacin er 24hr 500 mg, 1000 mg eq))		Infections		Please talk to y about other me your condition.	eric equivalent available. your doctor or pharmacist edication(s) available for
HYDROCODONE BITARTRATE/AC ETAMINOPHEN (hydrocolacetaminophen tab 2.5-32		Pain		hydrocodone-acetaminophen tablet 5- 325 mg, hydrocodone-acetaminophen tablet 5-300 mg	
MOEXIPRIL/ HYDROCHLOROTHIAZIDE (moexipril-hydrochlorothiazide tab 7.5-12.5 mg, 15-12.5 mg, 15-25 mg)  Hypertension Hypertension		1	enalapril/hydro	rochlorothiazide tablet, chlorothiazide tablet, chlorothiazide tablet	
PROMETHAZINE VC (promethazine & phenylephrine syrup 6.25-5 mg/5 mL)		d	Please talk to y	eric equivalent available. your doctor or pharmacist edication(s) available for	
(promethazine-phenylephri	PROMETHAZINE VC/CODEINE Cough & Cold comethazine-phenylephrine-odeine syrup 6.25-5-10 mg/5 nL)		d	Please talk to y	eric equivalent available. your doctor or pharmacist edication(s) available for
PROMETHAZINE/ PHENYLEPHRINE (promethazine & phenylepsyrup 6.25-5 mg/5 mL)	ohrine	Cough & Col		Please talk to y	eric equivalent available. your doctor or pharmacist edication(s) available for
PROMETHAZINE/ PHENYLEPHRINE/CODEI (promethazine-phenyleph codeine syrup 6.25-5-10 r mL)	rine-	Cough & Col	d	Please talk to y	eric equivalent available. your doctor or pharmacist edication(s) available for
VERDROCET (hydrocodo acetaminophen tab 2.5-32		Pain			cetaminophen tablet 5- codone-acetaminophen

	Balanced Drug List Revisions			
ACETAMINOPHEN/CAFFEINE/ DIHYDROCODEINE BITARTRATE (acetaminophen- caffeine-dihydrocodeine tab 325- 30-16 mg)	Pain	There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.		
Balanced, Performance and Performance Select Drug Lists Exclusions				

ALBENZA (albendazole tab 200 mg)	Infections	There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.
AMPYRA (dalfampridine tab er 12hr 10 mg)	Multiple Sclerosis	There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.
ANDROGEL (testosterone td gel 20.25 mg/1.25 gm (1.62%))	Hormone Replacement Therapy	There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.
ANDROGEL (testosterone td gel 40.5 mg/2.5 gm (1.62%))	Hormone Replacement Therapy	There is a generic equivalent available.  Please talk to your doctor or pharmacist about other medication(s) available for your condition.
ANDROGEL PUMP (testosterone td gel 20.25 mg/act (1.62%))	Hormone Replacement Therapy	There is a generic equivalent available.  Please talk to your doctor or pharmacist about other medication(s) available for your condition.
CIALIS (tadalafil tab 2.5 mg, 5 mg)	Benign Prostatic Hyperplasia	There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.
CIALIS (tadalafil tab 10 mg, 20 mg)	Erectile Dysfunction	There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.
COLCRYS (colchicine tab 0.6 mg)	Gout	MITIGARE (colchicine cap 0.6 mg)
FINACEA (azelaic acid foam 15%)	Acne/Rosacea	azelaic acid gel 15% (generic for Finacea gel)
FINACEA (azelaic acid gel 15%)	Acne/Rosacea	There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.
LEVITRA (vardenafil hcl tab 2.5 mg, 5 mg)	Erectile Dysfunction	There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.
LEVITRA (vardenafil hcl tab 10 mg, 20 mg)	Erectile Dysfunction	There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.

Balanced, Performance and Performance Select Drug Lists Exclusions (cont.)			
MINIVELLE (estradiol td patch twice weekly 0.025 mg/24hr, 0.0375 mg/24hr, 0.05 mg/24hr, 0.075 mg/24hr, 0.1 mg/24hr)	Menopause Symptoms	There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.	
ONFI (clobazam suspension 2.5 mg/mL)	Seizures	There is a generic equivalent available.  Please talk to your doctor or pharmacist about other medication(s) available for your condition.	

ONFI (clobazam tab 10 mg, 20 mg)	Seizures	There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.
PREVIDENT RINSE (sodium fluoride rinse 0.2%)	Fluoride Dental Rinse	There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.
SAVAYSA (edoxaban tosylate tab 15 mg, 30 mg, 60 mg (base equivalent))	Thrombotic Event Prophylaxis	ELIQUIS tablet, XARELTO tablet
SPORANOX (itraconazole oral soln 10 mg/mL)	Fungal Infections	There is a generic equivalent available.  Please talk to your doctor or pharmacist about other medication(s) available for your condition.
STAXYN (vardenafil hcl orally disintegrating tab 10 mg)	Erectile Dysfunction	There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.
ZYTIGA (abiraterone acetate tab 250 mg)	Cancer	There is a generic equivalent available. Please talk to your doctor or pharmacist about other medication(s) available for your condition.
	d Performance Select D	
EPIPEN 2-PAK (epinephrine solution auto-injector 0.3 mg/0.3 mL (1:1000))	Anaphylaxis	There is a generic equivalent available.  Please talk to your doctor or pharmacist about other medication(s) available for your condition.
RASUVO (methotrexate soln pf auto-injector 7.5 mg/0.15 ml, 10 mg/0.2 ml, 12.5 mg/0.25 ml, 15 mg/0.3 ml, 17.5 mg/0.35 ml, 20 mg/0.4 ml, 22.5 mg/0.45 ml, 25 mg/0.5 ml, 27.5 mg/0.55 ml, 30 mg/0.6 ml)	Rheumatoid Arthritis	methotrexate injection, OTREXUP injection
	nd Performance Select	
butalbital-acetaminophen-caffeine cap 50-325-40 mg	Headache	butalbital/acetaminophen/caffeine 50- 325-40 mg tablet
DESVENLAFAXINE ER (desvenlafaxine fumarate tab sr 24hr 50 mg, 100 mg (base equiv))	Depression	desvenlafaxine ER tablet (generic for Pristiq)
DESVENLAFAXINE ER (desvenlafaxine tab er 24hr 50 mg, 100 mg)	Depression	desvenlafaxine ER tablet (generic for Pristiq)

Performance and Performance Select Drug Lists Exclusions (cont.)		
DESVENLAFAXINE ER (desvenlafaxine tab sr 24hr 50 mg, 100 mg)	Depression	desvenlafaxine ER tablet (generic for Pristiq)
FLUOXETINE (fluoxetine hcl (pmdd) cap 10 mg, 20 mg)	Premenstrual Dysphoric Disorder (PMDD)	Fluoxetine (PMDD) capsule
METAXALONE (metaxalone tab 400 mg)	Muscle Relaxant	cyclobenzaprine tablet, methocarbamol tablet, tizanidine tablet
metaxalone tab 800 mg	Muscle Relaxant	cyclobenzaprine tablet, methocarbamol tablet, tizanidine tablet

pramipexole dihydrochloride tab	Parkinson's Disease;	pramipexole tablet
er 24hr 0.375 mg, 0.75 mg	Restless Legs	
3, 1 3	Syndrome	
pramipexole dihydrochloride tab	Parkinson's Disease;	pramipexole tablet
sr 24hr 0.375 mg, 0.75 mg, 1.5	Restless Legs	
mg, 2.25 mg, 3 mg, 3.75 mg, 4.5	Syndrome	
mg	-	
ropinirole hydrochloride tab er	Parkinson's Disease;	ropinirole tablet
24hr 2 mg, 4 mg, 6 mg, 8 mg, 12	Restless Legs	
mg (base equivalent)	Syndrome	
ropinirole hydrochloride tab sr	Parkinson's Disease;	ropinirole tablet
24hr 2 mg, 4 mg, 6 mg, 8 mg, 12	Restless Legs	
mg (base equivalent)	Syndrome	
tizanidine hcl cap 2 mg, 4 mg, 6	Multiple Sclerosis	tizanidine tablet
mg (base equivalent)		
	Balanced Drug List Exc	
BUTRANS (buprenorphine td	Opioid Dependence	There is a generic equivalent available.
patch weekly 5 mcg/hr, 10		Please talk to your doctor or pharmacist
mcg/hr, 15 mcg/hr, 20 mcg/hr)		about other medication(s) available for
		your condition.
KADIAN (morphine sulfate cap er	Pain	There is a generic equivalent available.
24hr 40 mg)		Please talk to your doctor or pharmacist
		about other medication(s) available for
		your condition.
RAPAFLO (silodosin cap 4 mg, 8	Benign Prostatic	There is a generic equivalent available.
mg)	Hyperplasia	Please talk to your doctor or pharmacist
		about other medication(s) available for
		your condition.
	erformance Drug List Ex	
ULORIC (febuxostat tab 40 mg,	Gout	allopurinol tablet
80 mg)		

<sup>&</sup>lt;sup>1</sup> Third-party brand names are the property of their respective owner.

<u>DISPENSING LIMIT CHANGES</u>
The BCBSTX prescription drug benefit program includes coverage limits on certain medications and drug categories. Dispensing limits are based on U.S. Food and Drug Administration (FDA) approved dosage regimens and product labeling.

Please note: The dispensing limits listed below only apply to select members whose plan has moved to quarterly updates on their prescription drug list. BCBSTX members on an annually updated prescription drug list will have these dispensing limits applied on or after Jan. 1, 2020.

# Effective July 1, 2019:

Drug Class and Medication(s) <sup>1</sup>	Dispensing Limit(s)
Basic, Enhanced, Balanced, Performance, Performance Annual, Performance Select, and	
Performance Select Annual Drug Lists	
Arikayce	
Arikayce	235.2 mL per 28 days
hATTR Amyloidosis Neuropathy	
Tegsedi	6 mL per 28 days
Basic, Enhanced, Balanced, Performance and Performance Select Drug Lists	
Alternative Dosage Form	
Carafate suspension	1200 mL per 30 days

 $<sup>^{\</sup>rm 2}$  This list is not all-inclusive. Other medicines may be available in this drug class.

Naprosyn suspension	1800 mL per 30 days
Constipation Agents	
Amitiza 8 mcg, 24 mcg	60 capsules per 30 days
Linzess 72 mcg, 145 mcg, 290 mcg	30 capsules per 30 days
Motegrity 1 mg, 2 mg	30 tablets per 30 days
Trulance 3 mg	30 capsules per 30 days
Glaucoma	
Rhopressa sol 0.02%	2.5 mL per 20 days
Nocturia	
Nocdurna 22.7 mcg, 55.3 mcg	30 tablets per 30 days
Topical Lidocaine	
Pliaglis	100 grams per 30 days
Synera	4 patches per 28 days
	Performance Drug Lists
Therapeutic Alternatives	
Kenalog spray	189 grams per 90 days
Kenalog spray	
Kenalog spray  Basic and Enha	189 grams per 90 days nced Drug Lists
Kenalog spray  Basic and Enha Galafold	nced Drug Lists
Kenalog spray  Basic and Enha  Galafold  Galafold capsules	
Kenalog spray  Basic and Enha  Galafold  Galafold capsules  Hyperhidrosis	nced Drug Lists  14 capsules per 28 days
Kenalog spray  Basic and Enha  Galafold  Galafold capsules  Hyperhidrosis  Qbrexza	nced Drug Lists
Renalog spray  Basic and Enha  Galafold  Galafold capsules  Hyperhidrosis  Qbrexza  Orilissa	nced Drug Lists  14 capsules per 28 days  30 pads per 30 days
Renalog spray  Basic and Enha  Galafold  Galafold capsules  Hyperhidrosis  Qbrexza	nced Drug Lists  14 capsules per 28 days

<sup>&</sup>lt;sup>1</sup> Third-party brand names are the property of their respective owner.

# **UTILIZATION MANAGEMENT PROGRAM CHANGES**

- Effective July 1, 2019, the following changes will be applied:
  - The Ophthalmic Prostaglandins Step Therapy (ST) program will change its name to: Glaucoma. The program, which applies to the Basic and Enhanced drug lists only, includes the same targeted medications and two new ones, Rhopressa and Rocklatan. The program criteria remain the same.
  - Several drug categories and/or targeted medications will be added to current Prior Authorization (PA) and Step Therapy (ST) programs for standard pharmacy benefit plans, upon renewal for select members' plans. As a reminder, please review your patient's drug list for the indicator listed in the Prior Authorization or Step Therapy column, as not all programs may apply. Additionally, please be sure to submit the specific prior authorization form the medication being prescribed to your patient.

# Drug categories added to current pharmacy PA standard programs, effective July 1, 2019\*\*

Drug Category	Targeted Medication(s) <sup>1</sup>
Basic, Enhanced, Balanced, Performance and Performance Select Drug Lists	
Alternative Dosage Form	Carafate suspension, Naprosyn suspension
Arikayce	Arikayce
hATTR Amyloidosis Neuropathy	Tegsedi
Balanced, Performance and Performance Select Drug Lists	
Neurotrophic Keratitis*	Oxervate
Basic and Enhanced Drug Lists	
Fabry Disease	Galafold

Hyperhidrosis	Qbrexza
Orilissa	Orilissa
Balanced and Performance Select Drug Lists	
Firdapse*	Firdapse

<sup>&</sup>lt;sup>1</sup>Third-party brand names are the property of their respective owner.

# Targeted drugs added to current pharmacy PA standard programs, effective July 1, 2019\*\*

Drug Category	Targeted Medication(s) <sup>1</sup>
Basic, Enhanced, Balanced, Performance and Performance Select Drug Lists	
Antifungal Agents (Cresemba, Noxafil, Tolsura, Vfend)	Tolsura
Nocturia	Nocdurna
Topical Lidocaine	Pliaglis, Synera
Basic, Enhanced and Performance Drug Lists	
Therapeutic Alternatives	Dutoprol, Kenalog spray

<sup>&</sup>lt;sup>1</sup>Third-party brand names are the property of their respective owner.

Per our usual process of member notification before implementation, targeted mailings were sent to members affected by drug list revisions and/or exclusions, dispensing limit and prior authorization program changes. For the most up-to-date drug list and list of drug dispensing limits, visit the Pharmacy Program section of our Provider website.

If your patients have any questions about their pharmacy benefits, please advise them to contact the number on their member ID card. Members may also visit *bcbstx.com* and log in to Blue Access for Members<sup>SM</sup> (BAM<sup>SM</sup>) or MyPrime.com for a variety of online resources.

#### Select Prescription Drug Lists' Update Frequency Changed April 1, 2019

As a reminder, most of the prescription drug lists that were once updated annually Jan. 1, or plan renewal date, are moving to a quarterly update. For patients on these affected drug lists, the frequency change is being implemented upon the patient's health insurance plan renewal/effective date starting on or after April 1, 2019.

This update frequency change includes the following drug lists:

- Enhanced, Multi-Tier Basic and Multi-Tier Enhanced
- Note: Some members moved to a quarterly update upon their health insurance plan's
  renewal/effective date that started on or after April 1, 2019, regardless of prescription drug list.
  However, some members will remain on an annual update. If your patients have any questions
  about their drug list, please advise them to contact the number on their member ID card. Members
  may also visit bcbstx.com and log in to BAM or MyPrime.com to view their specificdrug list.

*Note:* For those drug lists that remain on an annual update, or until a plan has moved to a quarterly update (where applicable), the drug list name has been changed to include "Annual" in the title. Both the quarterly updated and annually updated drug lists are posted on the Pharmacy Program section of our Provider website.

#### **Member Cost-Share Updates to Novolog Insulin Products**

Recent news headlines have focused on the rising insulin drug prices and the affect it can have on patient access to these medications. Starting July 1, 2019, BCBSTX members, who have prescription drug

<sup>\*</sup> Members did not receive letters due to limited utilization

<sup>\*\*</sup> Applies to select members July 1, 2019. Members on an Annual drug list may not see these changes applied until their renewal date.

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benefits administered by Prime Therapeutics, may see reduced cost shares for Novolog vials and Novolog Flexpen insulin products.\* Only members with a coinsurance or high deductible health plan, based on the member's benefit plan, may see this cost share reduction. Those members with a copay benefit will not see any changes in their cost-share amounts.

Members will pay the same or less for the preferred Novolog products than the Insulin Lispro (Humalog) products that were recently introduced to the market by Eli Lilly. These Insulin Lispro (Humalog) products are non-preferred or excluded on our drug lists, based on the member's benefit plan.

Please call the number on the member's ID card to verify coverage.

\*This change does not apply to members with Medicare Part D or Medicaid coverage and select employer group health plans.

Prime Therapeutics LLC is a pharmacy benefit management company. BCBSTX contracts with Prime to provide pharmacy benefit management and related other services. BCBSTX, as well as several independent Blue Cross and Blue Shield Plans, has an ownership interest in Prime. MyPrime.com is an online resource offered by Prime Therapeutics.

The information mentioned here is for informational purposes only and is not a substitute for the independent medical judgment of a physician. Physicians are to exercise their own medical judgment. Pharmacy benefits and limits are subject to the terms set forth in the member's certificate of coverage which may vary from the limits set forth above. The listing of any particular drug or classification of drugs is not a guarantee of benefits. Members should refer to their certificate of coverage for more details, including benefits, limitations and exclusions. Regardless of benefits, the final decision about any medication is between the member and their health care provider.